Grammar Idioms 44

hand out	to give something to other people There was a young man () flyers in front of the bus stop.
hold back	to stop yourself from doing something During the meeting, Tessa () and didn't mention her own opinion.
work out	to exercise in order to improve your health or physical fitness Emily () at the gym four times per week.
engage in	to take part in something She just hoped that her son wasn't () any criminal activities.
fall on	to happen on a specific day or date The lunar eclipse just happened to () my birthday.
come by	to visit someone Why don't you () after work tomorrow.
throw up	to have something from your stomach come out through your mouth She had such a bad stomach ache that it caused her to ().
lay out	to spread something out Ursula () all her receipts on the table so she could organize them.
put off	to decide to do something at a later time Katherine () writing her report until the very last minute.
get across	to communicate something clearly so that it can be understood It took a while, but she finally () her point ().