

Discussion Activity

Friends, Hobbies, and Sports

Friends:

1. Do you have a few friends or many friends?
2. How often do you meet your friends?
3. Where do you usually meet your friends and what do you like to do with them?
4. Do you usually keep the same friends for many years?
5. Describe your closest friend. How did you meet them? What is their personality like?
6. Do you entrust your best friend with your deepest secrets?
7. Would you lend your best friend money if they asked you?
8. Have you ever **fallen out** (絶交) with a friend? What happened?
9. Do you have friends from a different generation to your own?
10. Do you have any friends that are the opposite sex?
11. Do you believe people of the opposite sex can be close friends?
12. Do you get many opportunities to make new friends?
13. In your opinion what is the best way of meeting new friends these days?
14. Is it easy for you to make friends?
15. Are friends sometimes more important than family?
16. How similar are you to your friends?
17. Why do people need friends? What can happen if a person has no friends?
18. What is the biggest thing you have done to help a friend?
19. What kind of qualities do you look for in a friend?
20. Do you think SNS sites like Facebook are good for friendships?

Hobbies:

1. What is your favorite hobby? Why?
2. How did you discover your interest in your current hobby?
3. Can hobbies have a positive impact on our well-being? How?
4. Are there any hobbies you have always wanted to try? What are they?
5. How do hobbies contribute to personal growth and development?
6. Do you prefer solitary hobbies or those that involve interacting with others? Why?
7. What are some popular hobbies in your country or culture?
8. Would you like to turn your hobby into a job or a business?
9. What are some low-cost hobbies that don't require a lot of money?
10. Can hobbies help us connect with others and build social relationships? How?
11. How long have you had a hobby?
12. Why did you start your hobby?
13. How many hours a week do you spend on your hobby?
14. Is your hobby safe or dangerous?
15. Does your hobby interfere with your work/study/personal life?
16. Do you spend money on your hobby?
17. Does your hobby influence your choice of friends?
18. Which hobbies are the most expensive?
19. Which hobbies are the cheapest?
20. Which hobbies cost nothing at all?
21. Which hobbies are the most popular in your country?
22. Which hobbies are the most popular with women in your country? With men?

Sports:

1. Do you like sports?
2. What sports do you know?
3. What sports have you played and liked?
4. What sports have you played and hated?
5. What is your favorite sport?
6. What sports do you watch on TV?
7. What is the most popular sport in your country? In the world?
8. What sports do you enjoy playing with friends?
9. What's the most challenging (= difficult) sport in your opinion?
10. Do you prefer indoor or outdoor sports? Why?
11. Do you believe professional athletes are good role models?
12. Should sports be mandatory in schools? Why or why not?
13. What are the benefits of practicing individual sports compared to team sports?
14. Do you know any famous athletes?
15. What's your favorite sports team?
16. Have you ever watched a game live?
17. Who is your favorite athlete? Why?
18. Can you explain the role of coaches in sports teams?
19. Do you think athletes are overpaid? Why or why not?
20. What qualities make a good team captain?
21. Do you exercise regularly?
22. Can you explain the benefits of regular exercise?
23. Can you discuss the relationship between exercise and mental health?
24. How do you prevent injuries during workouts?
25. What's the importance of rest and recovery in fitness?